



# College of Paramedics of Manitoba

Protecting public interest through  
regulatory excellence in paramedicine

## ▶ NEWSLETTER

April 5, 2024

Welcome to the quarterly CPMB newsletter! Spring is in the air, and it is fitting that in this season of renewal, the renewals for our registration are completed. Thank you to all who completed their requirements in time and without complications and thank you to our CPMB team for their time and dedication to helping those who needed assistance navigate the process!

I would like to acknowledge that our software did have a glitch on the 15<sup>th</sup> of March, resulting in several registrants being charged the late fee almost a day too soon. Once aware of the issue, we worked with our vendor to identify the cause of the issue, which turned out to be a misalignment with the time zones between the UTC time zone the developers use and ours. Once corrected, we extended the renewal period without late fees for two extra days to ensure that those impacted could get through the renewal and have refunded those who were incorrectly invoiced. I wish to extend our apologies for the inconvenience this caused and let you know that we have learned from the issue and put checks in place to ensure that it does not happen again next year.

With the theme of renewal and refreshment, you will see below some information to ensure that your new PCC year is set up for success. In our section about Council, you will also see that work is well underway on strategic planning and preparation to welcome new faces to Council and Committees, we are looking forward to working with all of you to continue advancing paramedicine.

*~ Corene*

### Registration

The renewal period is now complete with 2107 registrants renewed. There were 77 registrants who completed the renewal after the renewal period and were assessed a late fee.

To increase communication efficiency, CPMB will be implementing a texting platform over the next few months and to ensure that you receive important information sent by text, please ensure that your cell phone number is entered into the **Mobile Phone** field in your portal. We note that some folks have their cell phone number listed in the Contact Telephone field.

## Program of Continuing Competency

The 2023-24 PCC cycle is behind us, and April 1, 2024, marks the beginning of the new 2024-25 PCC cycle. Stay tuned to our website and social media to learn when the "Create New Plan" tab for the new cycle is open so you can begin to design your learning plan. We anticipate that this will occur the week of April 15, 2024. Please note that your 2024 PCC plan has been locked as of April 1, 2024. Therefore, it cannot be amended or edited further. Please contact Leith at [lsaunders@collegeparamb.ca](mailto:lsaunders@collegeparamb.ca) if you require assistance with your 2024 PCC.

During the 2024 renewal period there were a few challenges registrants faced related to PCC, to ensure that the 2024/25 PCC year goes smoothly, you are encouraged to familiarize yourself with the resources in the PCC section of our website and:

- Complete your self-assessment and identify your minimum two learning goals early,
- select your two learning activities per goal,
- complete your documentation when you complete your learning activity,
- complete the PCC documentation (December),
- submit your PCC before renewal starts.

**Remember, the learning activities for the 2024-25 PCC cycle must take place between April 1, 2024, and renewal 2025. This plan will be labelled as 2025 in your portal.**

Updated resources for the 2024-25 PCC cycle will be posted on the website. If you have any questions, please contact the CPMB early to ensure you can complete the PCC requirements. Enjoy your learning for the 2024-25 PCC.

## Council

The Council met for their quarterly meeting on March 20<sup>th</sup>. Half of the day was dedicated to a strategic planning exercise intended to engage all the members in discussion and brainstorming of themes and goals for CPMB for the coming 3-4 years. This work will inform a draft plan which will be shared with our paramedic and public committee members on various committees in the current quarter for discussion, validation, and addition as needed.

This meeting also marked the last meeting for several of our paramedic members as terms come to an end this spring. Thank you so much for your contributions and dedication to paramedicine to the outgoing members: **Karen Martin, Tom Wallace, Ryan Youngson, and Madeline Guay.**

A call for expressions of interest in Council and Committee membership came out in January following several well attended information sessions and the appointments committee selected new members. Thank you to all who expressed interest.

In April we will welcome the reappointment of three returning members **Leah Braun, Nick Kasper,** and **Sean Klemick** and four new paramedic members to Council, **Josh Frampton, Susan Garrity, Terrell Kerbrat** and **Ron Jackson.**

We also welcome new paramedic members to the **Complaints Investigation Committee: Mathew Piche, Keith Hancox,** and **Cassy DeJong** and to the **Inquiry Committee: Charles Thomas, Connor Normandin** and **Janice Johnson.** Thank you to departing members of these committees for your service to the CPMB and paramedic profession.

Other noteworthy items from the meeting included approval in principle for two education programs: congratulations to the University College of the North - PCP and Red River College Polytechnic - ACP. Approval in principle means that CPMB has approved all received information

regarding the program and they can proceed with their accreditation process, full approval is provided after successful accreditation.

Finally, the Council has begun preparations for the Annual Report and Annual General Meeting (AGM) to be held in late June. Stand by for announcements and links to attend the AGM.

### **Spotlight on the Code of Ethics**

Over the past several months, it has been noted that many of the conduct concerns arising from the public in the form of complaints, and from within the profession in the form of employer reports and duty to report submissions relate to communication and behavior of registrants.

It is always important to maintain high standards for communication and behavior no matter what setting we are in, ensuring that our conduct reflects positively on the integrity of the profession, is respectful, professional and cannot be construed as demeaning to the profession or individuals. These points and more are detailed in the [Code of Ethics](#).

It is understandable that when under pressure and stress, everyone needs an outlet, consider healthy outlets for releasing stress, take a moment to yourself when you can, debrief and talk privately with a trusted colleague, or access supports available through programs like your employer's employee assistance plan or peer support networks.

In the moment, some things you can do are to pause and consider your words and action or reactions, rise above situations rather than matching energy you may feel coming to you from others, pay attention to your surroundings and your audience both in "live" situations and online.

If you would like more information about this, when you complete your 2024/25 PCC self-assessment, consider setting a PCC goal related to item 2.5. For learning activities, you may look up articles or webinars related to professional communication and consider how what you learn applies to the code of ethics and standards of practice, you may also access the LMS module called "Pause before you post" available on the college website [here](#).

### **Engagement and Education**

As spring and summer approach, members of the CPMB team will once again plan for station visits and presentations.

If you have a request for a station visit and presentation, or if you have an idea for a type of presentation topic you would like to see, either in station/community or as a Zoom event, please let us know at [info@collegeparamb.ca](mailto:info@collegeparamb.ca).

### **Photos Needed**

A CPMB goal has been to obtain more photos for our college website and annual reports. We thank all the registrants that have submitted some very scenic and interesting photos. The college has been able to incorporate some of these submissions in our 22/23 Annual Report and will again be using some registrant submitted photos in the 23/24 Annual Report.

If you have a scenic shot that shows the amazing beauty of our Manitoba landscape, or photos that incorporate landscape with EMS platforms (land, air, alternate) are welcome. Any photos with paramedics should be accompanied with a signed photo waiver of all individuals in the photo. CPMB's photo waiver can be found [here](#). Please send photos with and waivers to us at [info@collegeparamb.ca](mailto:info@collegeparamb.ca). Please indicate your name so we can give you photo credit.

## **Are you a Gmail User?**

If you are a Gmail user, please continue to learn the unique features found in the Gmail system, that unfortunately do result in lost emails. As you may have found out though, Gmail comes with many unique features for inbox management and that also leads to college emails easily becoming lost.

There are many tutorials and here is one that might be helpful:

[https://www.youtube.com/watch?v=OD7H4p\\_luvs](https://www.youtube.com/watch?v=OD7H4p_luvs)

Emails may be sent from one of these addresses. Please ensure you add these to your safe senders list:

[info@collegeparamb.ca](mailto:info@collegeparamb.ca) – General College Inbox

[admin@collegeparamb.ca](mailto:admin@collegeparamb.ca) – Sharon Connors, Executive Assistant

[programadmin@collegeparamb.ca](mailto:programadmin@collegeparamb.ca) – Caralee Barrault, Program Admin. Assistant

[registrar@collegeparamb.ca](mailto:registrar@collegeparamb.ca) – Corene Debreuil, Executive Director/Registrar

[cewacha@collegeparamb.ca](mailto:cewacha@collegeparamb.ca) – Christine Ewacha, Coordinator, Regulatory Practices

[lisaunders@collegeparamb.ca](mailto:lisaunders@collegeparamb.ca) – Leith Saunders, Coordinator, Quality and Standards

## **Upcoming Dates**

May 20<sup>th</sup>-Victoria Day office closure